



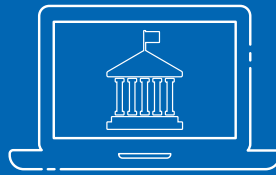
## MdM'S REGIONAL APPROACH TOWARDS MENTAL HEALTH AND PSYCHO-SOCIAL SUPPORT (MHPSS)

Medecins du Monde is an international non-governmental organization providing comprehensive health services to vulnerable populations in over 60 countries. As a leading health actor in the humanitarian field, MdM recognizes the necessity of integrating mental health and psychosocial support services (MHPSS) as a vital component within its health delivery services.

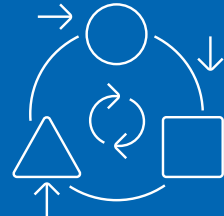
### MdM's approach towards MHPSS programs in the Middle East, are based on the following activities:



1 - Proper integration of MHPSS services within primary care



2 - Support local health authorities in reforming and/or developing their national mental health infrastructures



3 - Encourage and collaborate on mental health field research

Since 2012, MdM in Lebanon, has been actively engaged in providing access to MHPSS services and reducing the impact of the Syrian crisis, on the mental and physical health of the Syrian refugees and vulnerable Lebanese.

### MENTAL HEALTH & PSYCHOSOCIAL SUPPORT SERVICES IN LEBANON

MdM is currently working in two MdM supported primary healthcare centers (PHCs) in the Bekaa region (Kamed el Loz and Qab El Elias), providing comprehensive mental health case-management services through a multidisciplinary team composed of psychologists and case-managers. The MHPSS team in collaboration with FPSC (Spanish led INGO) and the Ministry of Public Health (MOPH), is also working in the first piloted Community Mental Health Center (CMHC) in Lebanon, located in central Bekaa. The Community Mental Health Center provides specialised mental health treatment and support to all individuals exhibiting complex mental health needs.

In Beirut, MdM is part of the Comprehensive Community Mental Health Services and Substance Use Program at Rafik Hariri University Hospital (RHUH). Rafik Hariri University Hospital (RHUH) and the National Mental Health Programme (NMHP) in partnership with Medecins du Monde (MDM), International Committee of the Red Cross (ICRC) and Skoun – Lebanese Addiction Center are collaborating together to provide all persons residing in Lebanon with access to quality and evidence-based mental health and substance use comprehensive services at RHUH premises.

In addition, MdM is collaborating with regional and international academic institutions to further expand mental health research taking place in the Middle East region.

### Our partners for the mental health program in Lebanon

- Lebanon Ministry of Public Health (National Mental Health Program)
- Rafik Hariri University Hospital (Beirut)
- International Committee of Red Cross
- Amel Association International (in Kamed el Loz and Aarsal, Bekaa)
- Islamic Welfare Society (in Kab El Elias, Bekaa)
- Fundacion Promocion Social de la Cultura (Zahle Community Mental Health Center)

### MHPSS Academic Collaborations in Lebanon


 Queen Mary University of London

 American University of Beirut

 St. Joseph University

 John Hopkins University

### Our donors in 2017 in Lebanon

 Global Affairs Canada / Affaires mondiales Canada



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